

FOUNDATION

The Third Postulate of selfcreation is the Foundation of a Positivist Ethic.

A POSITIVIST ETHIC

What you believe, you become.

What focus you hold, becomes your destination.

To achieve a positive destination, hold a positive focus.

Holding to a positive focus,

becomes a positivist ethic.

BELIEVE <<>> BECOME <<>> FOUNDATION <<>> ETHIC <<>> POSITIVIST

Ethics must flow through real actions as well as through real ideas. Your attitudes and beliefs influence what you experience in life. Personal power is directly related to your mindset. The intellectual becomes the experiential and includes action as one of its components.

Holding to a positive focus and constructive thought pattern is a tremendous challenge for anyone. Throughout life, the self is bombarded with negative thoughts, ideas, problems, behaviors -- a constant downside commentary. Becoming aware of these negative patterns is the first step to breaking them and to following a positivist ethic.

AWARENESS <<>> ACTION <<>> POSITIVE FOCUS

When the constant negativity of environment, society, or the self counterpoints our desire for a positive focus, a condition of inner disorder can occur in the self. The term, psychic entropy, describes the disorganization of the self. Positive goals become threatened and overwhelmed with negative input and feedback. A prolonged experience of psychic entropy weakens the self to the point that it is unable to function.

CONSTANT NEGATIVITY <<>> PSYCHIC ENTROPY

The opposite state from the condition of psychic entropy is flow. This state of optimal experience of the self occurs when the information coming into awareness is congruent with its goals. Psychic energy flows effortlessly throughout the self. In the flow state, the self receives substantial positive feedback which, in turn, strengthens the self. Attention is freed and redirected to create the inner and outer environment.

POSITIVE GOAL CONGRUENCE <<>> OPTIMAL EXPERIENCE <<>> FLOW

The flow experience creates a more complex self. During the flow experience the self simultaneously combines the two broad psychological processes: differentiation and integration. Differentiation implies a movement toward uniqueness, toward separating oneself from others. Integration refers to its opposite: a union with other people, with ideas and entities beyond the self. When flow occurs, the self succeeds in selfcreation by combining these opposite tendencies.

INTEGRATION <<>> DIFFERENTIATION <<>> FLOW <<>> SELF CREATION

For the self to recreate itself, it must institute new habits and models of behavior that are more powerful and productive. The self must search out new systems in its operation. The successful implementation of a positivist ethic changes the very way that thinking takes place. Linking selfresponsibility to the blueprint of *The Self Project* and the foundation of the positivist ethic puts in place the building blocks necessary for the structure of the selfsingular architecture.

The First Postulate of selfcreation is Selfresponsibility.

The Second Postulate of selfcreation is the Blueprint of The Self Project.

The Third Postulate of selfcreation is the Foundation of a Positivist Ethic.

SELFRESPONSIBILITY <<>> MATURITY

BLUEPRINT <<>> SELF PROJECT

FOUNDATION <<>> POSITIVIST ETHIC

Awareness of a positivist ethic and its corollary values is the third step in the conscious creation of a future self image - the virtual self. This proactive creation of the self depends upon an awareness of the future that makes possible a conscious, voluntary, and responsible choice between alternative destinies. Therefore, the development of images of the future self and ethics are intimately related.

POSITIVIST ETHIC <<>> FUTURE IMAGE <<>> VIRTUAL SELF

DEFINING A POSITIVIST ETHIC

SELFCREATION + POSITIVIST ETHIC = ONE

Simply stated, the self is responsible for its future and its creations -- that is the core idea of the positivist ethic. That common thread of the positivist ethic can be approached through social, mathematical, psychic, religious, scientific or medicinal means -- that thread of self as caretaker of its creations.

ETHIC <>> RESPONSIBILITY <>> CARETAKER OF THE FUTURE

Because our dominant reality is grounded in technomechanical forces and structures, we are incredibly attuned to the idea that the sole purpose of our technology is only to solve problems. In our futures reality, we must become aware of the aesthetic and ethical issues as much as the engineering ones in the design of our future selves. We must recognize this responsibility if we are to understand and choose what we become as a result of what we have made.

The creative force that drives the image of the future self is only in part rational and intellectual; a much larger part is intuitive, experiential and spiritual. The spiritual and experiential nature of the ideals embody the positivist ethic and infuse the image of the virtual self with creative power.

POSITIVIST ETHIC <>> CREATIVE POWER <>> VIRTUAL SELF

The potential strength of the self can be measured by the intensity and energy of its virtual self images of the future. The positive image of the future self works in the growth and flowering of the self. Negative images of the future self are a primary factor in self decay and destruction. The image of the future makes it possible to move from potential self to actual self. This image actualizes the positivist ethic in the newly created self. The self visualizes the virtual future self; the self embarks on the technique of *The Self Project*.

POSITIVE IMAGE <>> VISUALIZE <>> VIRTUAL SELF <>> THE SELF PROJECT

In the confines of the positivist ethic we need to embrace a respect for the planet as entity and the individual self as worthwhile caretaker. We need to welcome dissent, diversity, uniqueness, and individuality. In spite of the mounting impressiveness of the technomechanical structure which society is building around us, we must create and perpetuate those institutions that protect the freedom of human choice and individual stubbornness. The positivist ethic dictates that we preserve the future experience for the future self which may approach its problems differently. We cannot afford to prematurely foreclose our choices of creative opportunity.

FREE WILL CHOICE <>> PLANETARY CARETAKER

CMQLH

The quantum approach dictates that only certain levels are livable/attainable and that beings/particles cannot exist in between these levels. By viewing humanity's successive developmental waves (Wave I, Wave II, Wave III) as quantum levels, the limits-to-growth concept blox cedes to the necessity of a developmental jump to the next level. In a similar fashion, the critical mass concept of physics illustrates the volume aspect of quantum theory. At limit, a sufficient amount of energy/mass must be present before any jump to the next level can be made. When combined these two ideas form the critical-mass-for-quantum-leap-for-humanity source blox -- CMQLH.

HUMANITY <<>> CRITICAL MASS <<>> QUANTUM LEAP <<>> NEW AGE/WAVE <<>> CMQLH

By combining the Wave I/Wave II/Wave III source blox TSUNAMI with source blox CMQLH we create the image of the future of the planet, of ourselves. The crucial understanding is again interstitial. The self cannot exist between the levels. The self understands and uses the organic and mechanical forces, but must graduate to the understanding and usage of creative forces. The cultivators of the land and the cultivators of machines are invariably giving way to the cultivators of the mind. Creation is our power over the future. Our capacity for creative action affects and alters the future. The self decides to make deliberate use of the creative power which belongs to the individual self.

TSUNAMI + CMQLH = THE FUTURE

Because image reception varies widely with each individual, the self must be tuned into the right wavelength. The visions of the future are an exercise of imagination at the individual wavelength in the realm of the unknown. *The Self Project* tunes the wavelength of the individual to the visions of the future. *The Self Project* puts into place procedures and methods for imaging the future self. The self blueprints its own virtual future self. In short, the future not only must be perceived; it also must be laid out and built. The intellectual must give way to the experiential. The mechanical must give way to the creative.

ETHICAL OPPOSITION

If a positivist ethic exists, then a contrary negativist ethic must also exist. The negativist ethic holds the source blox of discretion as its major tenet. Discretion leads to destruction of self and the destruction of its correlates -- family, organization, species.

The selfcreation method can be used with the negativist ethic. The result of this pairing is zero; the self ceases to exist.

SELF CREATION + NEGATIVIST ETHIC = ZERO

FOCUS AS FOUNDATION

What focus you hold, becomes your destination.

Hold a positive focus, to achieve a positive destination.

Focus becomes foundation.

The Self Project endorses the proactive focus which means it requires a *can-make-it-happen* philosophy that empowers the self to envision and realize desirable futures, rather than waiting for the future to unfold. Focus is the key component in putting together an effective structure for the Self Project.

FOCUS <<>> KEY

In the comfortable self paradigm of analytical thinking, the thing to be explained is treated as a whole to be taken apart. In the created self paradigm of synthetic thinking, the thing to be explained is treated as a part of a containing whole. The comfortable self reduces the focus of the self; the created self expands it.

SYNTHESIS <<>> FOCUS <<>> ANALYSIS

Analysis focuses on *structure*; it reveals how things work. Synthesis focuses on *function*; it reveals why things operate as they do. Analysis yields knowledge; synthesis yields understanding. Analysis looks into things; synthesis looks out of things. Often thought of as contradictory, synthesis and analysis are actually complementary. Development of complementarity is a major *purpose* of *The Self Project*.

STRUCTURE <<>> FUNCTION <<>> PURPOSE

When the self operates as a participant on the form level of *The Self Project*, the primary function of focus is setting goals and objectives.

PARTICIPANTS <<>> GOALS

On the experience level, the self acts as a caretaker/manager. At this level, the self opens up focus to include the expanded concept blox of mission.

CARETAKERS <<>> MISSION

As the self moves up to the flow level, primary focus for the self opens out to the larger concept blox of purpose.

INDIVIDUALS <<>> PURPOSE

Finally, at the level of myth, the self operates with vision, which overarches and encompasses all prior focus levels.

STAKEHOLDERS <<>> VISION

In short, participants focus on goals and objectives; caretakers focus on mission; individuals focus on purpose; and stakeholders focus on vision.

FORM <<>> GOALS/OBJECTIVES

EXPERIENCE <<>> MISSION

FLOW <<>> PURPOSE

MYTH <<>> VISION

The problem-solving approach of the technomechanical dominant reality centers attention on what is wrong with the present by treating current conditions as problems to be solved. By engaging the negative and getting rid of what you do not want, a qualitative difference exists from creating what you do want, from engaging the positive. Solutions tend to be formulated in terms of what the self thinks is possible. Solutions result in performance that is limited by what the self already knows how to do. By following the negative path, the opportunity of the future is left by the wayside.

TECHNO DOMINANT REALITY <<>> PROBLEM SOLVERS <<>> NEGATIVE PATH

The selfcreation approach to futures self reality differs by proactive projection of vision -- preVISION. The bounds of the possible, potential, self are expanded beyond the present knowns and into the unknown. To successfully selfcreate, the self must be able to modify its vision through the adaptation of extrasystemic components, either piecemeal or in their entirety. These components exist in the unknown. Focus is on bringing the unknown into the known.

PREVISION - PROACTIVE PLANNING

<u>SELF PROJECT</u>	<u>ROLE OF THE SELF</u>	<u>FOCUS</u>
Myth	Stakeholder/Cosmic Mind	Vision
Flow	Individual/Organization	Purpose
Experience	Caretaker/Manager	Mission
Form Goals/Objectives	Participant/Employee	

The role of the self as part of other grouping corresponds to the level of *The Self Project* on which the self chooses to function. The focus at each level is modified slightly based on the confines and limitations at each level. Each level in *The Self Project* modulates the focus of the self towards a more expansive purpose relative to function.

LEVEL LIMITATIONS <<>> THE SELF PROJECT

Unfortunately, creating the future self does not usually work on the first try. Therefore, the self must try and try again, that is learn, from its initial vision -- it must reVISION itself. Mistakes, instead of being treated as failures, are seen as opportunities for learning.

REVISION <>> OPPORTUNITY FOR LEARNING

Thus, the systems perspective of *The Self Project* holds two components preVISION and reVISION. PreVISION occurs prior to focusing and reVISION occurs after focusing. PreVISION concerns itself primarily with proactive planning. ReVISION concerns itself primarily with corrective learning.

preVISION <>> FOCUS <>> reVISION

REVISION - CORRECTIVE LEARNING

<u>FOCUS</u>	<u>LEARNING METHOD</u>	<u>CORRECTIVE ACTIVITY</u>
Vision	Isomorphic	Adapt/Adopt New System
Purpose	Tripleloop	Reconstruct Assumptions
Mission	Doubleloop	Fix Procedure
Goals/Objectives	Singleloop	Collect Data Correct Behavior

It takes time and effort to learn how to move from the dominant reality of the comfortable self into the futures reality of the created self. The comfortable self can detect errors and correct behavior to conform to its dominant reality by responding to changes in its internal and external environments. The ability of the self to remain stable in a changing context denotes learning on the form level. In other words, a single feedback loop connects corrective activity to the goals and objectives of this level. Single feedback loop learning is primarily concerned with how best to achieve existing goals and objectives and how best to keep performance within the range specified by existing norms.

SINGLELOOP LEARNING <>> CORRECTS BEHAVIOR

When the dominant reality begins to shift and norms begin to conflict, the self needs to orient itself to learning at the experience level -- double feedback loop learning. In this sort of learning a double feedback loop connects the detection of error not only to corrective behaviors for effective performance, but to the procedures which define effective performance. The self becomes aware that it cannot correct an error by more effective performance under the existing norms and procedures. A restructuring of norms and a restructuring of procedures associated with those norms pushes the comfortable self of the dominant reality towards the created self of the futures reality.

DOUBLELOOP LEARNING <>> RESTRUCTURES NORMS & PROCEDURES

In singleloop learning the errors are corrected, but the norms remain unchanged; likewise in doubleloop learning, the norms are corrected, but the assumptions remain unchanged. Therefore, stepping up to the flow level,

triple feedback loop learning necessitates a change in underlying assumptions of the self. By investigating and modifying the assumptions of the dominant reality, the self moves from its comfortable reality towards its created futures reality.

TRIPLELOOP LEARNING <<>> ADJUSTS ASSUMPTIONS

The fourth level of corrective activity uses the concept box of isomorphism. What this means is, if we understand a particular pattern dynamic at a one system level, it is worth investigating whether parallel phenomena operate at lower/higher system levels. Isomorphism denotes the process of adopting new patterns from other levels to apply to higher or lower system levels. Isomorphism, as a process, superimposes alternative patterns on differing functional levels.

ISOMORPHISM <<>> ADAPTS/ADOPTS NEW SYSTEM COMPONENTS

The following table highlights the central importance of focus in the Self Project through the combination of the twin concept box of preVISION and reVISION.

PREVISION <<>> FOCUS <<>> REVISION

<u>SELF PROJECT</u>	<u>ROLE OF THE SELF</u>	<u>FOCUS</u>	<u>LEARNING METHOD</u>	<u>CORRECTIVE ACTIVITY</u>
Myth	Stakeholder/Cosmic Mind	Vision	Isomorphic	Adapt/Adopt New System
Flow	Individual/Organization	Purpose	Tripleloop	Reconstruct Assumptions
Experience	Caretaker/Manager	Mission	Doubleloop	Fix Procedure
Form	Participant/Employee	Goals Objectives	Singleloop	Collect Data
Corrects				Behavior

CREATIVE FLOW TEMPLATES -- ISOMORPHIC DESIGNS

The key to selfcreation is outgrowing the patterns of the past organic and mechanical forces and maturing to the use of the creative flow templates of **FutrTools**. Corrective learning, therefore, uncovers these outmoded and unproductive patterns in behavior, procedures, and assumptions of the self to be modified in the construction of *The Self Project*. Implementing new, more effective patterns reformats the core self program into an alternative pattern dynamic through the use of creative flow templates -- isomorphic designs.

FutrTools <>> CREATIVE FLOW TEMPLATES

Understanding and implementing isomorphic designs begins the third phase of *The Self Project* -- scaffolding. By projecting a number of future self(s) through isomorphic design it is possible to identify and study desirable and usable patterns for the future self. The proactive push of these patterns takes advantage of the opportunity of the future. One of these projected patterns can then be chosen as representative of an optimum future self for implementation.

SCAFFOLDING MULTIPLE FUTURE SELF(S) <>> CHOOSE OPTIMUM FUTURE SELF

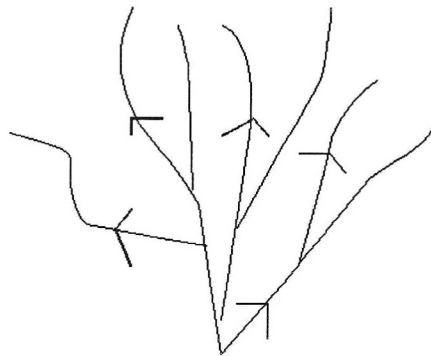
Creative flow templates form the foundation for these isomorphic designs. These templates channel the flow in *The Self Project* to the purpose of the individual. By choosing a specific focus and patterning a corresponding flow, the self approaches its concerns from the new perspectives of creation, rather than the old perspective of problem solving. Holding the creative flow templates in the mind's eye propels the self towards a new self vision.

CREATIVE FUTURES REALITY <>> NEW SELF VISION

Creative flow will follow different paths within the Tao based on the specific purpose chosen by the individual. The focus of the issue under consideration determines which flow the self will choose to implement.

DIFFERENT FLOWS <>> DIFFERENT PURPOSES

Some of the major flows and their corresponding functions are:



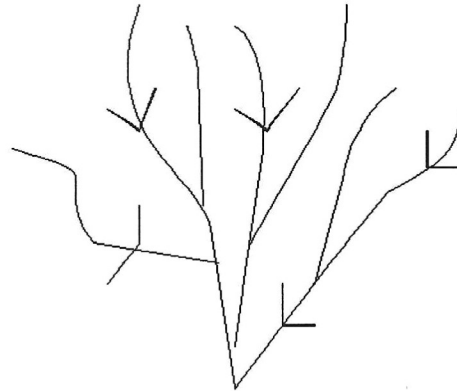
Tree flow generates concept blox.

Concept blox move up the trunk and out, branching out into alternatives.

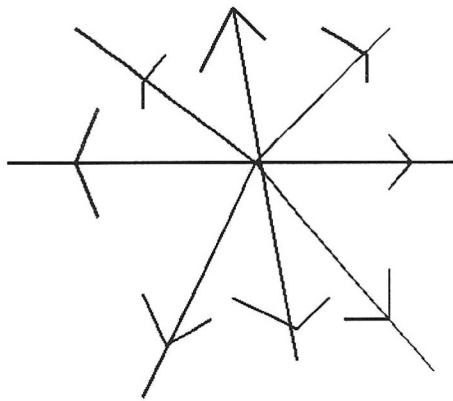
tree flow <>> generates concept blox

River flow focuses concept blox.

Many concept blox condense into a single blox by following the path a river takes through its tributaries, into the main branch and out to the sea.



river flow <<>> focuses ideas



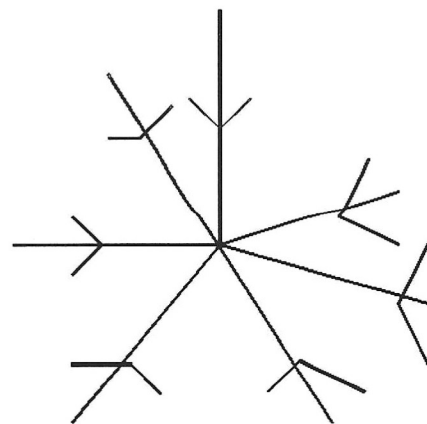
Brainstorming from a core concept blox.

Begin with a single concept blox and pull out tangent concept blox in all directions. This flow is used to create new systems.

brainstorming <<>> disperses ideas

Concentrating into a central concept blox.

Concentration can move towards a central core through either directed attention or fascinated attention. Directed attention requires effort; fascinated attention is effortless.



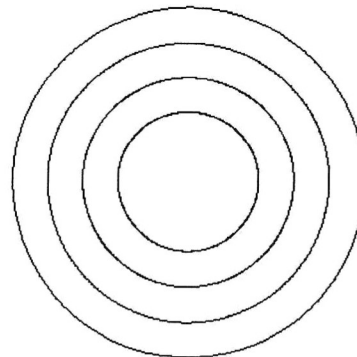
concentration <<>> fascinated attention



Concentration² or spiral flow, multiplies concentration back upon itself.

The pull of the spiral flow has the effect of concentrating a concept blox upon itself. Spiral flow can be positive or it can be negative. Reversing a spiral flow is difficult because it first requires reverting back to zero to unwind the existing flow.

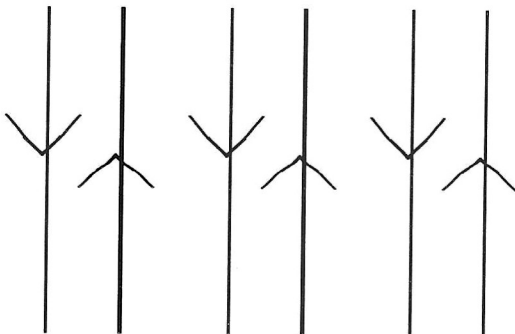
concentration2 <<>> spiral flow up/down



Circle flow or cycle/wave flow highlights the micro/macro dependency.

The self exists within many larger systems and outside of many smaller systems -- each with their own flows. Circle flow positions the self within these larger and smaller systems.

circle flow <<>> cycle/wave function



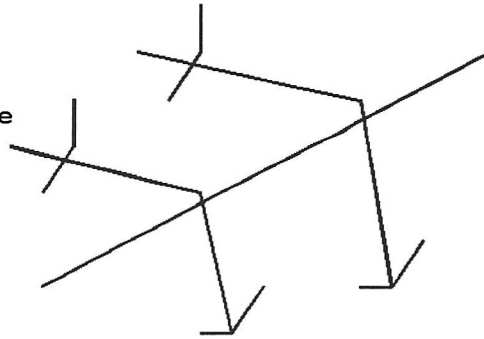
Respiration flow or breathing.

The breathing flow of air into the lungs and air out of the lungs begins most exercises. It also can be used as transition and for comfort.

respiration flow <<>> breathing

Spill flow illustrates the break in the fractureline -- looking out, onto, and over the edge.

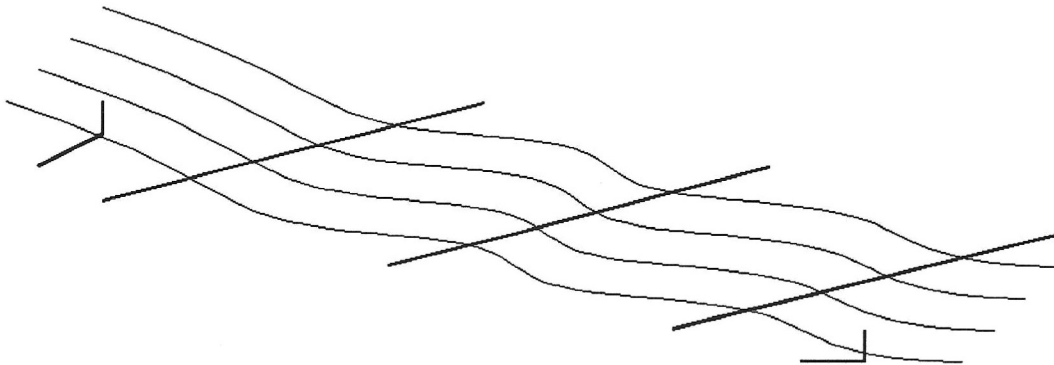
The most unexpected concept blox, the source blox from the unknown, are found in this flow.



spill flow <<>> fractureline/edge

Cascade flow builds on spill flow.

The domino effect from piling spill flows on top of each other, uncovers additional concept blox in a cascade fashion.



cascade flow <<>> domino effect

These isomorphic designs pattern the flow of the concept blox through the mind. The level of focus and the purpose of the self chooses which flow to use, when. As the self creates itself, it will uncover and adjust to additional creative flow templates which are selfspecific and more powerful for its own self setting.